



KOMANEKA *at Bisma*

Spa Menu

SPA MENU

At Komaneka Resorts, we believe in providing the best setting to relax and recharge, with tradition at the heart of each treatment. In a time of turbulence and uncertainty, we are happy to provide safe and specialized treatments for a sublime spa experience.

Each Komaneka Spa is specially built to utilize the surrounding nature and each treatment uses natural local ingredients to empower the mind and body.

For booking, kindly book 1 day before the day of the treatment. Spa guests will receive a pool pass to use our public facilities after or before their treatment.

For Hotel Guests, we suggest exploring our Spa facilities in other properties as each Spa is designed differently.

RSVP

reservation@komaneka.com
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KOMANEKA.COM

KOMANEKA OIL MASSAGE

Aromatherapy massage oil of the purest and the highest quality are created exclusively for Komaneke Spa.

Peace of Ubud

An aroma therapeutic blend of Cinnamon and Orange.

Bali Sunny

A blend to invigorate the senses. Its main ingredients are Frangipani and Bergamot.

Komaneka Spice

Warming and relaxing, the characteristic of Ylang-Ylang and Lemongrass.

Aphrodisia Oil

This is a sensuous blend of Cinnamon, Cubeb and Patchouli to moisturize your skin and invoke your senses.

MASSAGE TREATMENTS

Traditional Massage

Balinese people have long believed that the power of touch has healing qualities; the same concept of newborn babies that are regularly hand massaged for their health and well-being.

Our signature massage is a blend of stretching, acupressure, and reflexology to ensure balance in body and mind.

1 Hour / Rp. 500.000

Foot Massage

This foot massage is perfect after a long day of exploring. The cooling properties of Aloe Vera and Mint start the treatment before deep reflexology and soothing floral bath just for your feet.

30 Minutes / Rp. 350.000

Spine and Neck Relaxing Massage

Perfect for those who have been sitting for long periods. This session is designed to release tension in the spine and neck area using intuitive massage therapy and a blend of Clove, Sandalwood, and Nutmeg oil.

30 Minutes / Rp. 350.000

KOMANEKA LULUR

Srikandi

For two hours you will be pampered by a stimulating full body massage followed by exfoliating tamarind body scrub treatment and a purifying traditional floral bath. Lulur in Indonesian, uses tamarind for its ayurvedic effects such as reducing blemish and brightening dull skin.

2 Hours / Rp. 900.000

Komaneka Boreh

Boreh is pasta-like substance traditionally made from mixture of sandalwood, Cloves, Cinnamon, Ginger, Nutmeg, Coriander and Rice flour. Treatment begins with Balinese massage, then, an amount of boreh is smeared onto your body. The paste itself has a warming effect on your skin protect you from cracking and stimulates blood circulation. Finishes with herbal bath.

90 Minutes / Rp. 750.000

Herbal Body Scrub

Enjoy full-body massage before a blend of Aloe Vera, Yam bean, and Chinese Myrtle with essential oil of Kaffir lime and Patchouli, and granulated Rice powder smeared all over your body. After-session will leave your skin moist, fresh and pleasantly fragrant.

90 Minutes / Rp. 750.000

BODY TREATMENTS

Komaneka Facial

For 60-minutes, this rejuvenating facial session aims to have brighter and firmer skin for ultimate hydration. This facial is for all skin types and uses BABOR products.

1 Hour / Rp. 600.000

Creambath

Cleanse and revitalize your hair and scalp using Komaneka's blends of Avocado, Aloe Vera, or Ginseng. This treatment also includes a steam treatment traditionally before ending with a head, neck, and shoulder massage.

1 Hour / Rp. 500.000

Manicures

Give your hands a treat. This treatment uses natural sea salt and hand massage to scrub and relax each finger while nourishing your skin.

1 Hour / Rp. 400.000

Pedicures

This treatment is specific to your toes and soles. A scrub of natural sea salt able to help ease the most tired feet while exfoliating dead skin cells.

1 Hour / Rp. 400.000

Nail Coloring

Our team can beautify your nails to complete your holiday look with a selection of OPI Nail Polish.

30 Minutes / Rp. 350.000

ENERGIZING MASSAGE

Energizing Lime Mandarin Body Treatment

Our invigorating treatments use energizing Mandarin Lime to stimulate all five sense as it revitalize the skin. Combining effective touch massage with stem cell extracts from the Champagne pear protect the skin while guarding against the effect of environmental stress. Brings out invigorating scent with notes of fruity mandarin and bitter fresh lime for a truly energizing effect

90 Minutes / Rp. 900.000

Rejuvenating Massage

A 90-minute gentle massage treatment to rejuvenate the harmony of mind, body, and soul. Using heated massage oil and distinct strokes designed to balance the nervous system and restore vital energy flows.

90 Minutes / Rp. 750.000

Herbal Refreshing Massage

Two hours of therapeutic treatment helps to eliminate toxins from the body and refresh your skin, relieve tired muscles and alleviate minor rheumatic conditions. This treatment starts with relaxing traditional massage to stimulate blood circulation, followed by hot herbal compress and finished with aromatic herbal bath.

2 Hours / Rp. 1.000.000