

# **SPA MENU**

At Komaneka Resorts, we believe in providing the best setting to relax and recharge, with tradition at the heart of each treatment. In a time of turbulence and uncertainty, we are happy to provide safe and specialized treatments for a sublime spa experience.

Each Komaneka Spa is specially built to utilize the surrounding nature and each treatment uses natural local ingredients to empower the mind and body.

For booking, kindly book 2 days before the day of the treatment. Spa guests will receive a pool pass to use our public facilities after or before their treatment.

For Hotel Guests, we suggest exploring our Spa facilities in other properties as each Spa is designed differently.

#### KOMANEKA OIL MASSAGE

Aromatherapy massage oil of the purest and the highest quality are created exclusively for Komaneka Spa.

# Peace of Ubud

An aroma therapeutic blend of Cinnamon and Orange.

# Bali Sunny

A blend to invigorate the senses. Its main ingredients are Frangipani and Bergamot.

# Komaneka Spice

Warming and relaxing, the characteristic of Ylang-Ylang and Lemongrass.

## **Ubud Spice**

Warming and relaxing, the characteristic of Sandal Wood, Nutmeg and clove

#### **BODY MASSAGE TREATMENTS**

# Traditional Massage

Balinese people have long believed that the power of touch has healing qualities; newborn babies are regularly hand massaged for their health and well-being. Our signature massage is a blend of stretching, acupressure, and reflexology to ensure balance in body and mind.

1 Hour / Rp. 600.000

# Aromatherapy Massage

90minutes full body massage, start with Aloe Vera mint 90 Minutes / Rp. 750.000 ++

# Foot Massage

This foot massage is perfect after a long day of exploring. The cooling properties of Aloe Vera and Mint start the treatment before deep reflexology and soothing floral bath just for your feet.

30 Minutes / Rp. 350.000

### Spine and Neck Relaxing Massage

Perfect for those who have been sitting for long periods. This session is designed to release tension in the spine and neck area using intuitive massage therapy and a blend of Clove, Sandalwood, and Nutmeg oil.

30 Minutes / Rp. 350.000

#### **BODY SCRUB TREATMENTS**

#### Srikandi

For two hours you will be pampered by a stimulating full body massage followed by exfoliating Tamarind body scrub treatment and a purifying traditional floral bath.

Komaneka's body scrub, or lulur in Indonesian, uses Tamarind for its ayurvedic effects such as reducing blemish and brightening dull skin.

2 Hours / Rp. 850.000

# Lulur Ayu

A full-body massage for 60-minutes is performed first, followed by a 30-minutes scrub session using Aloe Vera scrub. After-session, your skin will feel clean, refreshed, and pleasantly fragrant.

90 Minutes / Rp. 700.000 ++

# Lulur Mangir

A full-body massage for 60-minutes is performed first, followed by a 30-minutes scrub session using Anise scrub. After-session, your skin will feel clean, refreshed, and pleasantly fragrant.

90 Minutes / Rp. 700.000 ++

#### **BEAUTY TREATMENTS**

#### Komaneka Facial

Skin Performance Vita Balance Treatment. This innovative and power-packed BABOR treatment will intensively moisturizes your skin and protect your cell's DNA with Deep Moist Complex, Alpine stem cells & OsmoTec, a molecular catalyst that delivers active ingredients to the heart of the skin cells for ultimate hydration and age prevention results.

1 Hour / Rp. 600.000

#### Traditional Creambath

Cleanse and revitalize your hair and scalp using Komaneka's blends of Avocado, Aloe Vera, or Ginseng. This treatment also includes a steam treatment before ending with a head, neck, and shoulder massage.

1 Hour / Rp. 600.000

#### Manicures

Give your hands a treat. This treatment uses natural sea salt and hand massage to scrub and relax each finger while nourishing your skin.

1 Hour / Rp. 600.000

### **Pedicures**

This treatment is specific to your toes and soles. A scrub of natural sea salt can help ease the most tired feet while exfoliating dead skin cells.

1 Hour / Rp. 600.000

# Art Colouring

Our team can beautify your nails to complete your holiday look with a selection of OPI Nail Polish.

30 Minutes / Rp. 350.000