

A close-up photograph of a wooden mortar containing various natural ingredients for a spa treatment. The ingredients include several pieces of ginger root, a whole green lime, and a small bowl of black peppercorns. The mortar is set against a background of a wooden structure with three square openings, each containing different types of dried herbs or spices. The lighting is warm and focused on the ingredients, creating a sense of natural and traditional wellness.

KOMANEKA *at Rasa Sayang*

Spa Menu

SPA MENU

At Komaneka Resorts, we believe in providing the best setting to relax and recharge, with tradition at the heart of each treatment. In a time of turbulence and uncertainty, we are happy to provide safe and specialized treatments for a sublime spa experience.

Each Komaneka Spa is specially built to utilize the surrounding nature and each treatment uses natural local ingredients to empower the mind and body.

For booking, kindly book 1 day before the day of the treatment. Spa guests will receive a pool pass to use our public facilities after or before their treatment.

For Hotel Guests, we suggest exploring our Spa facilities in other properties as each Spa is designed differently.

RSVP

reservation@komaneka.com

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KOMANEKA.COM

KOMANEKA OIL MASSAGE

Aromatherapy massage oil of the purest and the highest quality are created exclusively for Komaneke Spa.

Peace of Ubud

An aroma therapeutic blend of Cinnamon and Orange.

Bali Sunny

A blend to invigorate the senses. Its main ingredients are Frangipani and Bergamot.

Komaneka Spice

Warming and relaxing, the characteristic of Ylang-Ylang and Lemongrass.

KOMANEKA RELAXING

Traditional Massage

Balinese people have long believed that the power of touch has healing qualities: the same concept of newborn babies that are regularly hand massaged for their health and well-being. Our signature massage is a blend of stretching, acupressure, and reflexology to ensure balance in body and mind.

1 Hour / Rp. 500.000

Aromatherapy Massage

Session starts with Aloe Vera and mint body wash, continue with a combination of Swedish, Shiatsu, Balinese and acupressure techniques and finish the treatment with soothing mini facial massage.

90 Minutes / Rp. 650.000

Foot Massage

This foot massage is perfect after a long day of exploring. The cooling properties of Aloe Vera and Mint start the treatment before deep reflexology and soothing floral bath just for your feet.

30 Minutes / Rp. 350.000

Spine and Neck Relaxing Massage

Perfect for those who have been sitting for long periods. This session is designed to release tension in the spine and neck area using intuitive massage therapy and a blend of Clove, Sandalwood, and Nutmeg oil.

30 Minutes / Rp. 350.000

KOMANEKA CANTIK

Komaneka Facial

For 60-minutes, this rejuvenating facial session aims to have brighter and firmer skin for ultimate hydration. This facial is for all skin types and uses BABOR products.

1 Hour / Rp. 600.000

Creambath

Cleanse and revitalize your hair and scalp using Komaneka's blends of Avocado, Aloe Vera, or Ginseng. This treatment also includes a steam treatment traditionally before ending with a head, neck, and shoulder massage.

1 Hour / Rp. 500.000

Manicures

Give your hands a treat. This treatment uses natural sea salt and hand massage to scrub and relax each finger while nourishing your skin.

1 Hour / Rp. 500.000

Pedicures

This treatment is specific to your toes and soles. A scrub of natural sea salt can help ease the most tired feet while exfoliating dead skin cells.

1 Hour / Rp. 500.000

Art Colouring

Our team can beautify your nails to complete your holiday look with a selection of OPI Nail Polish.

30 Minutes / Rp. 350.000

KOMANEKA PAMPERING

Akar Wangi Indulgence

Two and a half hours treatment of traditional full body massage. Soften and refresh your skin treatment with moisturizing fresh fruit and finished with flowers milk bath.

2.5 Hours / Rp. 950.000

Bali Royal

The whole two-hours session starts with traditional Balinese massage. Rejuvenating skin treatment with Anise based product and finished with sensual flower bath.

2 Hours / Rp. 900.000

Rasa Sayang Delight

Two-hours of beauty treatment package start with revitalizing hair treatment combined with happy hand and feet nail art.

2 Hours / Rp. 950.000

Rasa Sayang Expression

Two hours of beauty treatment package start with rejuvenating face treatment combined with revitalizing hair treatment.

2 Hours / Rp. 950.000

KOMANEKA LULUR

Srikandi

For two hours you will be pampered by a stimulating full body massage followed by exfoliating Tamarind body scrub treatment and a purifying traditional floral bath.

Body scrub or lulur in Indonesian, uses Tamarind for its ayurvedic effects such as reducing blemish and brightening dull skin.

2 Hours / Rp. 600.000

Balinese Boreh

Boreh is pasta-like substance traditionally made from mixture of Sandalwood, Cloves, Cinnamon, Ginger, Nutmeg, Coriander and Rice flour.

The 90-minute treatment begins with Balinese massage, then an amount of boreh is smered onto your body. The paste itself has a warming effect on your skin protect your skin from cracking and stimulates blood circulation.

Finishes with herbal bath.

90 Minutes / Rp. 650.000

KOMANEKA LULUR

Lulur Ayu

Full-body massage before smear moisturizing skin a blend of Aloe Vera, Yam bean, and Chinese myrtle with essential oil of Kaffir lime and patchouli and granulated rice powder all over your body. This 90-minute session will leave your skin in clean, fresh and pleasantly fragrant.

90 Minutes / Rp. 650.000

Lulur Mangir

Starts with full-body massage using blend of six different ingredients. Granulated rice, Aloe Vera, and Yam bean for cleansing and polish your skin. Chinese Myrtle with Anise oil and patchouli will rejuvenate your skin.

90 Minutes / Rp. 650.000