

### A SLICE OF THE GODS



#### Five Tips Before Visiting A Temple

...Each temple has its own story and purposes...

An island of thousand temples, people named it for a reason. Every single mile of this small haven brims many temples; starting from the small family shrines to temples worshipped by all Balinese Hindu like Besakih Temple, Lempuyang Temple, Batukaru Temple, Tanah Lot etc.

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### LIFESTYLE



#### Komaneka Resorts Beach Cleaning Program

...We Protect What We Love...

Lately, the issue of plastic waste has become a hot topic discussed everywhere. Plastic waste is now a frightening pollution in the surrounding environment and also a threat to the survival of living beings, both on land and sea.

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### ARTS & CRAFTS



#### Kosong Berisi

...inspired by the 'three levels of Buddhist philosophy'...

*Kosong Berisi* (Empty and Full) is a masterpiece in merbau wood and brass by the Balinese artist, Pande Ketut Taman and his team. This 110 x 245cm wooden sculpture was created in 2009, in the same year as the creation of *Memetik Buah Surga* (Plucking the Fruits of Heaven) by the same artist.

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## A SLICE OF THE GODS



## Five Tips Before Visiting A Temple

Never miss a chance for a temple visit when you are in Bali to avoid missing the essence of Bali vacation. An island of thousand temples, people named it for a reason. Every single mile of this small haven brims many temples; starting from the small family shrines to temples worshipped by all Balinese Hindu like Besakih Temple, Lempuyang Temple, Batukaru Temple, Tanah Lot etc. Each temple has its own story and purposes. However, before you enter a temple, check out these tips from us!

### 1. Make Sure You Are Clean

When you plan to visit a temple, make sure you are clean, physically and spiritually. Also make sure you are not in a period of mourning and not menstruating (for women). This is important because the temple is a sanctified place. Dirt or taboo is not allowed to be brought into the temple area so as not to pollute the sacredness of the temple.

### 2. Make Sure You Dress Properly

You must have realized that Balinese Hindus have special clothes when they are praying





to the temple. They use sarong, sash, udeng (for men) and kebaya for (women). So, if you are going to the temple, use at least sarong and sash. Besides respecting the traditions of the local people, you can also feel being a part of the culture itself. You can find sarong easily in Bali; from traditional markets to boutiques. Usually they are sold around 50 thousand rupiahs to hundreds of thousands per piece. Or, you can ask the hotel where you are staying whether they provide sarong for guests. If not, you know where to look for it right?

### 3. Do Not Climb Sacred Statue or The Temple Itself

In Bali, there are no temples that are not sacred. Not just anyone can step on the Pelinggih or the temple itself, only certain people are permitted. So, please do not try climbing up the temple. In some places, some trees are sacred. So, when visiting Bali, look around you and talk politely, if you are in a place that is believed to be sacred by the local community. This is indeed a belief, but it cost nothing if you follow these unspoken rules.

### 4. Do Not Step on The Offering

Aside of not climbing up the pelinggih or shrine, stepping on a banten or offering also looks impolite. We never know if the ceremony has been completed or not. So, it's a good idea to avoid stepping on offering when visiting the temple.

### 5. Do Not Disturb If There Is Any Ceremony Ongoing

This is like everyone's common secret when visiting a temple when there is a ceremony. "Disturbing" meant here could be running around in temples, shouting, even standing in a place that you should not, can be interference. So, if you decide to be part of a temple ceremony, choose a place that is rather on the edge or ask the people there if there is a safe place to watch the ceremony without disturbing.

Find more interesting fact [HERE](#).

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## LIFESTYLE



## Komaneka Resorts Beach Cleaning Program

Lately, the issue of plastic waste has become a hot topic discussed everywhere. Plastic waste is now a frightening pollution in the surrounding environment and also a threat to the survival of living beings, both on land and sea. And it is not a secret that Indonesia is one of the highlighted contributors of plastic waste in the ocean. Even in Bali, beaches that become tourist destinations are often criticized for being contaminated with plastic waste. This requires the hard work of all parties to work together in overcoming the problem of this plastic problem.

In response to the plastic problem, Komaneka Resorts has launched "Beach Cleaning Program" that is done every month; usually on Saturday of the last week. This activity is carried out at Komaneka at Keramas Beach as the only property of Komaneka which has a beach. So the team usually starts within the resort area and continue along the path of Keramas Beach. This activity involves all layers of the Komaneka Family; it includes managers and staffs.

The F & B Manager of Komaneka Resorts, Mr. Made Darmayasa, is the initiator of this beach cleaning program. He said that this activity was a form of concern for the environment. "We want to awaken awareness of the importance of overcoming this plastic waste, starting with ourselves." he added.

Ms. Liza Elizabeth, the Senior Sales Manager, who participated in the Beach Cleaning program on Saturday, July 27, 2019, voiced her opinion. She strongly supports this program because its



positive effect is not only for human but for the environment and marine life. “We can not force others to clean it, we show them how. For a big change, we have to start from ourselves” she added.

On the other hand, the management of Komaneka has limited the use of plastic in the operational processes within the resorts and replaced them with environmentally friendly products. This applies to all Komaneka resorts, including the four resorts in Ubud.

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## ARTS & CRAFTS



### Kosong Berisi

Kosong Berisi (Empty and Full) is a masterpiece in merbau wood and brass by the Balinese artist, Pande Ketut Taman and his team. This 110 x 245cm wooden sculpture was created in 2009, in the same year as the creation of Memetik Buah Surga (Plucking the Fruits of Heaven) by the same artist. Kosong Berisi is inspired by the 'three levels of Buddhist philosophy' carved in the Borobudur temple in Central Java — kamadhatu, rupadhatu, and arupadhatu. The artist explains it this way:

1. Kamadhatu (the realm of lust), that is, the world that is still dominated by desire. In the work Kosong Berisi, humans are described as bound by lust, form, etc.
2. Rupadhatu (the tangible realm), that is, the world that has escaped from lust. Here, the work represents humans who have freed themselves from desire, but are still bound in form.
3. Arupadhatu (the intangible realm), that is, where man has been freed from the various needs and bonds of form and appearance, but has not yet reached nirvana.

This philosophy is illustrated in the hundreds figures in Kosong Berisi artwork, each figure distinctively unique. To see this piece of art, visit the Komaneka Fine Art Gallery, open daily from 9AM to 5PM. Visit Komaneka Fine Art Gallery website [HERE](#).

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