

A SLICE OF THE GODS



WUKU WAYANG - MYTHOLOGY

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KOMANEKA FAMILY



FESTIVE SEASON at KOMANEKA RESORTS

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Allow yourself to indulge in luxury celebration in your home address in Bali, the four Komaneka Resorts in Ubud and one seafront resort at Keramas Beach. It's time to celebrate achievements and contemplate new dreams for 2020.

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LIFESTYLE



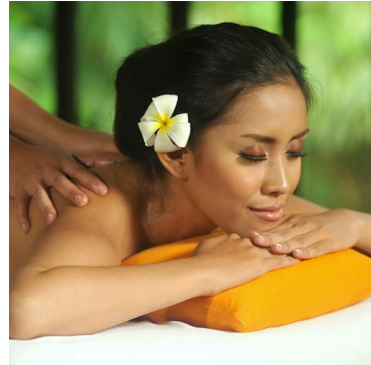
10 Things to do in Bali

...One of the best feelings on holiday is experience every detail...

Are you getting ready for a remarkable Balinese vacation? While waiting to land your feet on this beautiful island, it is better to collect things to do that might be suitable for you and too beautiful to miss?

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WELLNESS



SWEDISH MASSAGE at AKAR WANGI SPA

...Our Swedish Massage is purposed to achieve total relaxation...

At Akar Wangi Spa, on the rooftop of Komaneka Rasa Sayang, we offer a selection of massage techniques among our body treatments. One of the treatments you might try is our Swedish Massage.

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A SLICE OF THE GODS



WUKU WAYANG MYTHOLOGY

Wuku Wayang is considered as one of the miserable *wuku* (*wuku* mean week in Balinese Calendar), because it was at this time that the birth of a giant named *Dewa Kala* as a result of an unnatural sex relation between God Shiva and his wife Goddess Uma. According to tradition in Bali, a child born in *Wuku Wayang* must paint with *Tirta Wayang Sapuh Leger*. *Tumpek Wayang* is closely related to the story of *Dewa Rare Kumara* that *Dewa Kala* wants to eat, because *Dewa Rare Kumara* was born to coincide with *Wuku Wayang*.

In the story of *Wayang Lakon Sapuh Leger*, it is told that *Dewa Kala* will eat everything that was born in *Wuku Wayang* (according to the Balinese calendar) or which runs at midday on *Wuku Wayang*. Upon the guidance of his father Lord Shiva, *Dewa Kala* learned that *Dewa Rare Kumara* the youngest son of Lord Shiva was born in *Wuku Wayang*.

One day to coincide with *Wuku Wayang*, *Dewa Rare Kumara* was chased by *Dewa Kala*. *Dewa Rare Kumara* ran to avoid the *Dewa Kala*. The *Dewa Rare Kumara* ran far into people's yards. Finally, at night meeting a puppeteer who is holding a puppet show, *Dewa Rare Kumara* enters the musical instrument of the show (bamboo vessels) and *Dewa Kala* eats the puppet offering

Therefore, the puppeteer advised *Dewa Kala* not to continue his intention to eat *Dewa Rare Kumara*, because *Dewa Kala* had eaten the puppet offering instead. *Dewa Kala* is helpless to

continue his pursuit, so *Dewa Rare Kumara* finally survived.

Thus it is told by *Dewa Rare Kumara* as a mythology that a child born on the day that coincides with *Wuku Wayang* is considered to be a meal for *Dewa Kala*, therefore the child concerned must be painted with a puppet *Tirta Sapu Leger* (holy water from the special ceremony of puppet show).

Find more interesting fact [HERE](#).

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KOMANEKA FAMILY



FESTIVE SEASON TREASURES at KOMANEKA RESORTS

Embrace the holiday season with various activities at Komaneka Resorts - Bali. Allow yourself to indulge in luxury celebration in your home address in Bali, the four Komaneka Resorts in Ubud and one seafront resort at Keramas Beach. It's time to celebrate achievements and contemplate new dreams for 2020.

Plan your joyous festive holidays with Komaneka!

For more information, kindly visit <https://www.komaneka.com/festive-season/>
reserve your memorable festive season with us by email to experience@komaneka.com

BOOK NOW

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LIFESTYLE



10 THINGS TO DO IN BALI

Are you getting ready for a remarkable Balinese vacation? While waiting to land your feet on this beautiful island, it is better to collect things to do that might be suitable for you and too beautiful to miss? So, to make it easier for you to find it, Komaneka Resorts has some that we can share. Check these out!

1. Temple Visit

While in Bali, take a visit to one of the temples on this island. This will give you a little picture of how Balinese people hold fast to their beliefs. This is also an opportunity for you to become closer to Balinese culture. Lucky if you visit when there is a ceremony, you can see directly how the process happened. Don't forget to visit one!

2. Watching Kecak Dance

The captivating Kecak Dance is one of the traditional dances in Bali. This dance is very unique as it involves many people and human vocals are used in place of gamelan instruments. One of the famous Kecak Dances performed in Uluwatu Temple, yet if you stay at Komaneka Resorts in Ubud, you can arrange to visit the one hold at Pura Dalem Taman Kaja. The story told is same though.

3. Swing

Ever heard of "swing" in Bali? The island is also able to catapult you into the air to see how



beautiful the green valley that stretches along the eye can see. You can try one of them in Ubud. There are many services that offer the activity of swinging over the abyss. To enjoy this, you just have to tell your assistant in Komaneka to arrange one for you.

4. Snorkeling

Maybe you've also heard that Bali has amazing marine life. Snorkeling lovers will find one of them at Amed beach, in East Bali. It's about an hour's drive from our seafront resort, Komaneka at Keramas Beach. Here you can enjoy beautiful coral reefs with colorful fish that are no less amazing. Plan for one?

5. Floating Breakfast

Floating breakfast is also one of the wish list for people who are on vacation in Bali. It's worth a try. Enjoying a decent breakfast in your private pool will certainly

be a very beautiful moment for you and your loved ones. Komaneka Resorts also has this service in all five of its collection, so when you request it, we will do our best to make it happen.

6. Sunrise Trekking

If you are adventurous lover, you can also try sunrise trekking. usually we recommend to try the one on Mount Batur. This is because the tracks are easier and don't take too long to get to the top. Usually the trip will start around 4 am to not miss the sunrise. The experienced local guide will also explain about the place around. Better set your hike in advance and don't forget to avoid raining season for your safety.

7. Horse Riding

Driving along your horse along the coastline can be the most romantic thing you can imagine for your Bali trip. Komaneka Resorts can help you make it happen. We can arrange you for horse riding along the sparkling black sand beach in front of our resort, Komaneka at Keramas Beach. This can be an unforgettable moment for you and your loved ones.

8. Romantic Dinner

Who wouldn't want to be treated to a romantic dinner on this beautiful island of Bali? It's like a woman's wish to be treated romantically by her partner. Whether it's set under the sparkling stars or accompanied by the sound of waves and candles that add affection to the atmosphere, one is enough to win your beloved. So, have one for your partner and let Komaneka help make it real!



9. Cooking Class

As you are in Bali, try making your own Balinese food. There are so many travel agencies and hotels offer cooking class experience, including Komaneka Resorts. With the guidance of our professional chef, Komaneka Resorts can provide you authentic experience with special cooking class. One of the favorite is the Belawa Cooking Lesson. Through this activity, you can learn directly from the expert, executive chef of Komaneka Resorts.

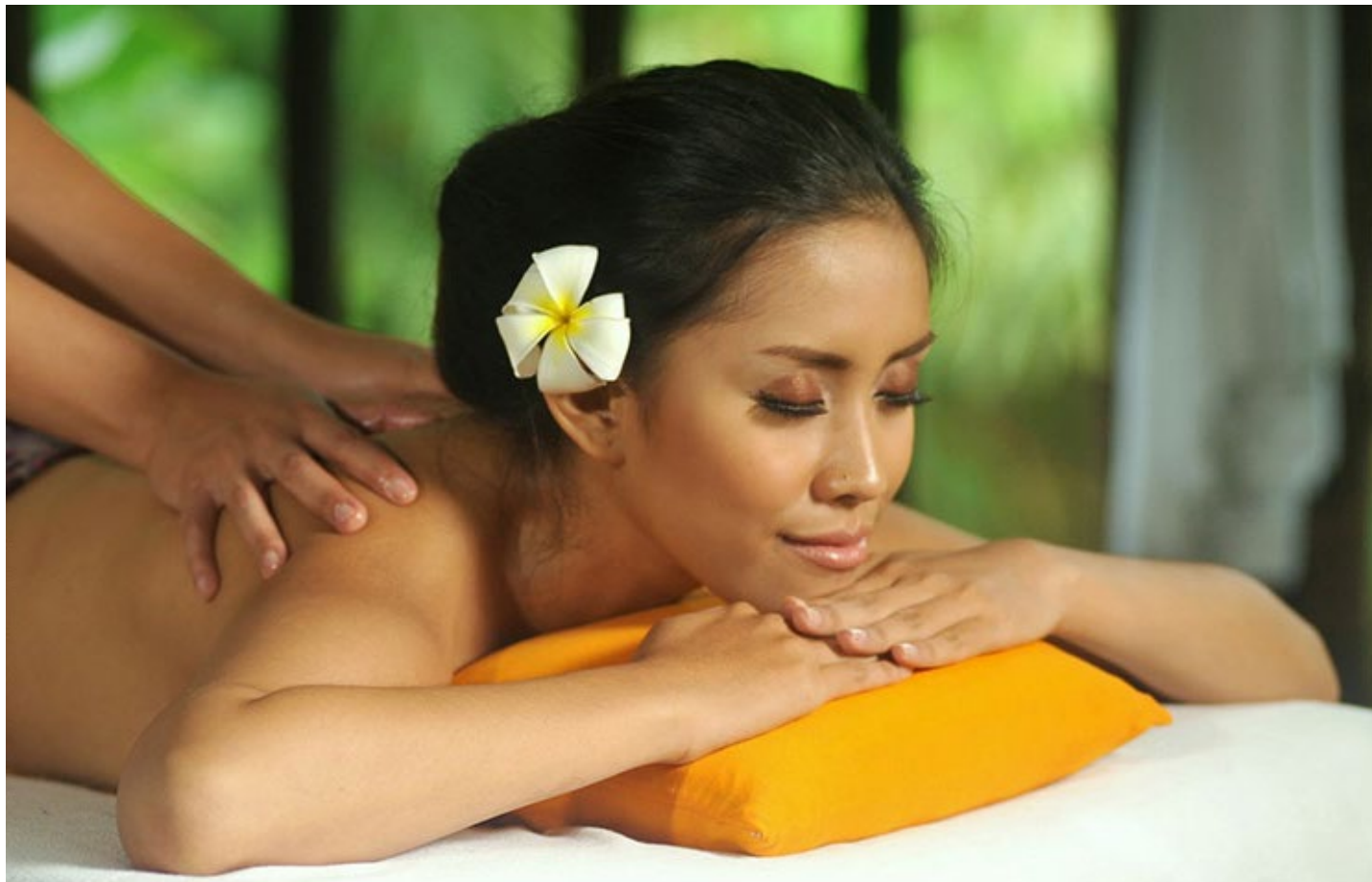
10. *Melukat* (Holy Water Cleansing)

One more experience that you should not miss is the holy water cleansing ceremony; people in Bali call it melukat. The cleansing ceremony is identical with the use of tirtha or holy water. One famous temple for cleansing ceremony is the Tirta Empul. The temple is usually packed with people, especially at certain periods or in feast celebrations.

One of the best feelings on holiday is experience every detail and leave the arrangement to the professional. At Komaneka Resorts, our professional staffs is ready anytime to make your wishes come true. Send email to experience@komaneka.com and tell our professionals and make the above activities can be yours.

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WELLNESS



SWEDISH MASSAGE at AKAR WANGI SPA

Staying well in this season of changing weather is a challenge, even in a tropical climate like Bali's. A good way to keep your body in balance is massage.

At Akar Wangi Spa, on the rooftop of Komaneka Rasa Sayang, we offer a selection of massage techniques among our body treatments. One of the treatments you might try is our Swedish Massage.

A visit to our spa begins with a gracious welcome by our staff and a Ginger Mint tea before your treatment.

Our Swedish Massage is purposed to achieve total relaxation. This 60-minute classic massage treatment uses long shooting strokes to release muscle tension, helping to reduce pain and stress. It is firm but gentle, and will leave you with a peaceful sensation after the treatment. So, Swedish Massage is beneficial for your body and also as a means of calming your mind at the same time.

Come visit Akar Wangi Spa and give your health a boost!

Find more information [HERE](#).

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