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# BALI & BEYOND

MARCH 2016  
VOLUME 17 NO. 190

## VILLAGE LIFE

EXPERIENCE  
A COMMUNITY-  
ORIENTED  
RESORT

## "NAK MULE KETO"

THE LEGACY  
OF ARAK IN  
KARANGASEM

## TRUE TO BALINESE ROOTS

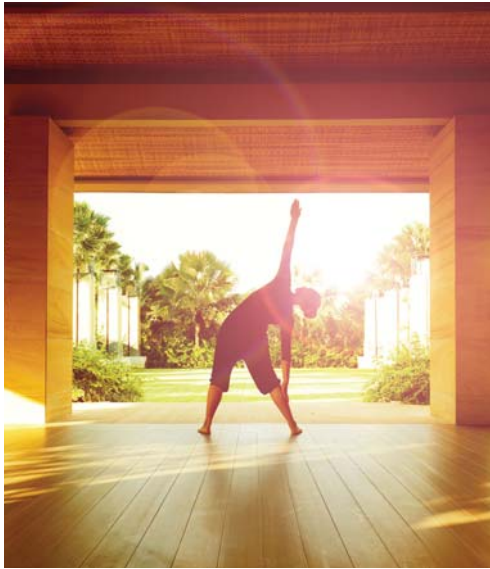
HONORING THE  
ISLAND'S TRADITIONS

COMPLIMENTARY  
ISSN 0216-4590



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## MEDITATION DAY

To honor the Balinese Day of Silence, the Mulia Bali encourages their guests to join the Kapha Yoga Meditation in the property's outdoor area. This Kapha Yoga session will have the guests enjoy a full Silent Day experience, the time to clear the mind, body, and soul to start afresh. The Mulia Bali has also prepared a Full-Day or Half-Day Spa Experience at the Mulia Spa, complete with nutritious dishes and training to restore well-being.

**The Mulia, Mulia Resort and Villas**  
**Jalan Raya Nusa Dua Selatan,**  
**Kawasan Sawangan, Nusa Dua**  
**(0361) 302-7777**  
**www.themulia.com**

## HAPPY TUMMY

Komaneka at Bisma, one of the most picturesque resorts in Ubud, proudly announces the new name of its restaurant, Seneng Kitchen. The dining venue formerly known as The Restaurant is now named after Pan Seneng and Mak Seneng, the two farmers who have taken care of the rice fields of Komaneka at Bisma from zero to harvest. The rice fields are part of the scenery that is enjoyed from the restaurant while guests are relishing its signature Indonesian dishes such as Mahi-Mahi Sambal Sumatra, Rujak Tamarind, and Sate Snapper ala Mek Seneng. Designed with fine-dining style, Seneng Kitchen is now ready to serve guests from breakfast until late dinner.



**Seneng Kitchen**  
**Komaneka at Bisma**  
**Jalan Bisma, Ubud**  
**(0361) 971-933**  
**www.komaneka.com**



## SILENT ESCAPE

The 'Serene Nyepi Escape' package at The Laguna Bali will ensure that you will have the perfect getaway during the Silent Day. Starting from US\$ 225++/night for guests who stay at the Deluxe Garden View, checking in on March 8 and out on March 10. This package comes with daily breakfast and buffet dinner on the Day of Silence at the Banyubiru restaurant and a 60-minute massage, all are for two persons. Don't forget to take a dip in the resort's 5,000 square meter lagoon pool to fully enjoy your stay. One day prior to Nyepi Day, don't miss the Ogoh-ogoh parade that will be held from 3 to 7 p.m., a Balinese tradition to cast out evil energy. And on the night of the Day of Silence, look up to the night sky and... stargaze.

**The Laguna Bali, BTDC Lot N2, Nusa Dua, (0361) 771-327**  
**www.thelagunabali.com**